

# Pregahike D 75/20 Capsule

## Pregahike D 75/20 Capsule

(Pregabalin I.P. 75mg + Duloxetine HCL I.P. 20mg Capsule)

### Introduction

Pregahike D 75/20 Capsule is a **combination of Pregabalin (75mg) and Duloxetine Hydrochloride (20mg)**, formulated to effectively manage **neuropathic pain, fibromyalgia, and anxiety disorders**. It works by **modulating nerve signals and pain perception**, providing relief for chronic nerve-related conditions.

### Composition & Mechanism of Action

- 1. Pregabalin (75mg)**
  - A **GABA analog** that binds to calcium channels in the nervous system.
  - Reduces excessive nerve signaling, providing **pain relief in neuropathy and fibromyalgia**.
  - Also used for **generalized anxiety disorder (GAD)**.
- 2. Duloxetine Hydrochloride (20mg)**
  - A **serotonin-norepinephrine reuptake inhibitor (SNRI)** that increases serotonin and norepinephrine levels.
  - Enhances **pain modulation** and improves **nerve function**.
  - Helps in treating **depression, anxiety, and chronic pain syndromes**.

### Indications & Uses

Pregahike D 75/20 Capsule is prescribed for:

- **Neuropathic pain** (diabetic neuropathy, sciatica, postherpetic neuralgia).
- **Fibromyalgia** (widespread muscle pain and stiffness).
- **Chronic pain syndromes** linked to nerve damage.
- **Generalized Anxiety Disorder (GAD)**.

### Dosage & Administration

- **Take one capsule daily** or as prescribed by a doctor.
- **Swallow whole with water**; do not crush or chew.
- Can be taken **with or without food**.
- Dosage adjustments may be required based on the patient's response.

### Precautions & Warnings

- Avoid **alcohol consumption**, as it may cause drowsiness.
- Use with caution in **patients with kidney or liver disease**.
- **Not recommended for pregnant or breastfeeding women** without medical advice.
- May cause **drowsiness or dizziness** – avoid driving or operating machinery.

- **Do not discontinue suddenly;** tapering is necessary to prevent withdrawal symptoms.

### Possible Side Effects

- **Dizziness, drowsiness, or fatigue.**
- **Dry mouth, nausea, or constipation.**
- **Mood changes or anxiety (rare cases).**
- **Weight gain or appetite fluctuations.**

### Storage & Handling

- Store in a **cool, dry place (below 30°C)**, away from moisture.
- Keep out of reach of **children and pets.**
- Do not use beyond the **expiration date.**

### Conclusion

Pregahike D 75/20 Capsule (Pregabalin 75mg + Duloxetine 20mg) is an **effective treatment for neuropathic pain, fibromyalgia, and anxiety disorders.** This combination **reduces nerve pain, improves nerve function, and enhances mood stability**, making it a valuable option for **chronic pain management.**

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

TM: Trademark Applied for